

### **SCRIPTURE**

### **BOTTOM LINE**

Judges 6-7 Gideon WE CAN BUST FEAR BY TRUSTING GOD

# **EAD THIS**

Have you ever felt like Gideon? Maybe you were afraid of talking in front of your class or maybe you didn't think you were good enough to make the soccer team. No matter what your challenge, you need to know that you can trust God! You don't have to be afraid if you are following God's plan. God wants to use you for big things just like He used Gideon, but we can't let fear get in the way of that. Let's "Go Deeper" this week and learn more about trusting God.

EMORIZE THIS

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Deuteronomy 31:6 (NIV)

**ACTION** 

This week when you feel afraid, stop and ask God to help you trust in His strength! You can do this by praying, singing, or reading scripture! You don't have to face fear alone, you can trust God to be your strength!

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:

youtube.com/blueridgecommunitychurch



DAY 1

K5

Materials Needed: Bible or Bible App, Index Card, Pen

# **GO DEEPER**



### **MORNING MOMENTS**

Read: Judges 6:11-16 Discuss:

- What did the angel of the Lord call Gideon?
- How did Gideon respond?
- What did the Lord say He would do?

**Remember This:** We can trust God's strength in our weakness.



### **CREATIVE CONNECTION**

Gideon was threshing wheat in a wine-press to hide it from the Midianites. Gideon felt afraid and weak but God still called Him a mighty warrior. If Gideon did not have God with him, no one would have called him a mighty warrior, but God WAS with Gideon, and God is mighty! What is one area in your life where you feel weak? Write your answer to this question on your index card. Then flip the card over and write, "I can trust God's strength in my weakness." Spend a few minutes praying, asking God for His strength in your weaknesses.



### **TABLE TALK**

- What are some of the weakest things you can think of?
- What are some of the strongest things you can think of?
- How can we know God is strong?



### **HUMBLE HEARTS**

Take **P.A.R.T.** of your day to pray: **P**raise God for His strength **A**sk God to help you where you feel weak **R**epent, or tell God you're sorry, when you don't trust Him **T**hank God for His promise to be with His children



DAY 2

**K5** 

Materials Needed: Bible or Bible App, Colorful String

# **GO DEEPER**



### **MORNING MOMENTS**

Read: Judges 6:25-31

### **Discuss:**

- What did God tell Gideon to do?
- Why did Gideon do this at night?
- Did Gideon obey God even though he was afraid?

Remember This: Trusting God means putting Him first.



### **CREATIVE CONNECTION**

When we make something in our lives more important to us than God, that is called idolatry. Throughout history people have worshiped made-up false gods, by building statues called idols, and bowing down and worshiping them. Today our idols might be video games, clothes, or other things or people that are more important to us than God. We show God we trust Him by putting Him first! Use 3 strands of colorful string to make a bracelet to remind you to take time to put God first every day. The more time you spend with God, the more you get to know Him, and the more you get to know Him the more you will trust Him – even when you are afraid!



### **TABLE TALK**

- What things in our life can become an idol (something that is more important than God in our life)?
- How can we put God first in our life?



### **HUMBLE HEARTS**

Take **P.A.R.T.** of your day to pray: **P**raise God for His goodness **A**sk God to help you make time for Him every day **R**epent, or tell God you're sorry, for days when you have not spent time with Him **T**hank God for always being there



DAY 3

K5

### **Materials Needed:**

Bible or Bible App,Fleece Pattern Printed on Cardstock, Scissors, Glue, Cotton Balls

## **GO DEEPER**



### **MORNING MOMENTS**

Read: Judges 6:36-40

### **Discuss:**

- How did God prove to Gideon what God was saying was true?
- Did God need to prove Himself to Gideon?

**Remember This:** We don't need to test God, we can trust His words.



### **CREATIVE CONNECTION**

Cut out the fleece pattern. On one side write, "I can bust fear by trusting God." Then, crumble and recrumble the fleece pattern until it becomes soft like leather (at least 15-20 times). Next, on the side without words, stretch out and glue the cotton balls to the fleece pattern to make it look like wool. Place this in your room as a reminder that we can trust God's Words!



### **TABLE TALK**

- What do you do when you are not sure if you can trust someone?
- How do you build trust with people?
- How can we know that we can trust God?



### **HUMBLE HEARTS**

Take **P.A.R.T.** of your day to pray: **P**raise God for always being truthful **A**sk God to help you read His Word **R**epent, or tell God you're sorry, for when you do not believe His Word **T**hank God for His love and patience with you



**Materials Needed:** Bible or Bible App, Bowl with Water

# **GO DEEPER**



### **MORNING MOMENTS**

Read: Judges 7:1-8

### **Discuss:**

- How many men did Gideon start with? (Hint: add how many left and how many remained in vs. 3)
- How many men did Gideon end up with?
- Why did God want the Israelite army to be small when the Midianite army was large?

Remember This: God wants us to trust Him and obey His directions.



### **CREATIVE CONNECTION**

Place a bowl of water on the floor and try drinking it with and without your hands. Why do you think God chose the men who used their hands to bring water to their mouths? How do you think Gideon felt only having 300 men left? But Gideon did not argue with God. Instead, Gideon chose to trust God. God wants to use people who completely trust Him and obey His instructions.



### **TABLE TALK**

- If you were Gideon, how many men would you have wanted to take into battle with you?
- Why do you think Gideon didn't question God when he only had 300 men left?
- Do you think Gideon was still afraid? (Judges 7: 9-14)



### **HUMBLE HEARTS**

Take **P.A.R.T.** of your day to pray: Praise God for knowing what is best Ask God to help you praise Him for the things He does in your life Repent, or tell God you're sorry, when you don't obey His Word Thank God for always being willing to forgive you



Materials Needed: Bible or Bible App, Dried Bean, Paper Towel, Ziploc Bag

# **GO DEEPER**



### **MORNING MOMENTS**

**Read:** Judges 7:15-22

### Discuss:

- What weapons did God tell Gideon to give to his army?
- Did Gideon question God, or did he trust God?
- What happened in the battle?

Remember This: When we trust God, we can see Him work in our lives.



### **CREATIVE CONNECTION**

When we are afraid, we may feel powerless, like this little bean is powerless to grow on its own. But, when we trust in God, He can set us free from fear, and grow our hearts to trust Him more! Because Gideon trusted God He got to see God do amazing things! Make a reminder that God can grow us when we trust in Him. "Plant" two or three beans in a damp paper towel and place inside the plastic bag. Who can make the beans grow? God! We can give the beans some water, air, and light, but it is only God who can make the bean grow! Tape the bag in a window and watch over the next few days as God works and the bean grows!



### **TABLE TALK**

- How would you have felt going into battle with a clay jar and
- Is there anywhere in your life you feel like you are facing a big
- How can you grow in learning to trust God more?



### **HUMBLE HEARTS**

Take **P.A.R.T.** of your day to pray: Praise God for being all-powerful Ask God to help grow your trust in Him Repent, or tell God you're sorry, for when you let fear stop you from obeying God Thank God for His power to grow your heart

# GIDEON AND THE FLEECE

Judges 6:33-40

FLEECE PATTERN

